

PRESS RELEASE

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Carol Kicinski, gluten free TV chef, is a featured speaker at the Gluten & Allergen Free Expo in Chicago

Gluten free TV chef Carol Kicinski, in her fifth season on NBC-based *Daytime* TV, and the Founder of Simply Gluten Free magazine, will be appearing at the Gluten & Allergen Free Expo at The Schaumburg Renaissance Convention Center in Schaumburg, Illinois on Saturday, April 12th and Sunday, April 13th. The event runs from 9 a.m. to 3 p.m.

The meet and greet will take place at the Simply Gluten Free magazine booth, where Kicinski will be available for autographs and photos. Kicinski's best-selling cookbooks will be available for purchase, as well as subscriptions to Simply Gluten Free magazine.

Kicinski launched Simply Gluten Free magazine, a gluten and allergen free lifestyle magazine, in November 2012. It has since become the leading gluten free magazine in America today. The magazine is the media sponsor for the Gluten & Allergen Free Expo.

Simply Gluten Free began as a website in 2007 that has now risen to one of the top gluten and allergen free sites in the world. Kicinski's purpose in creating Simply Gluten Free was to provide readers with simple solutions for gluten and allergen free living, including recipes and lifestyle tips.



Kicinski makes several appearances a year at gluten free expos and events. Stop by to discuss the world of gluten free with Carol this weekend. Admission is \$20 for adults and \$5 for children over 3 years old. For more information about the Gluten & Allergen Free Expo, visit www.gfafexpo.com.

About Carol Kicinski:

Carol is a magazine editor-in-chief, monthly syndicated TV chef, cookbook author and popular website blogger. Diagnosed with gluten sensitivity more than 20 years ago, Kicinski has since become a well-known gluten-free advocate. She is the founder and editor-in-chief of *Simply Gluten Free* magazine, the leading gluten-free magazine in America today. Carol is in her fifth season as a monthly syndicated gluten-free chef on NBC-based WFLA-Tampa Bay's *Daytime* TV show. She is the author of two successful cookbooks and has been published in more than 650 newspapers and magazines across the country.

Simply Gluten Free can be viewed at www.SimplyGluten-Free.com

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